

# Hand Rejuvenation

The extra stuff you may want to know!

### Downtime

You may return to your normal activities provided you follow the aftercare instructions. You may feel soreness in the area of injection up to 5 days after. Bruising & Swelling Can Last 1 - 7 days Give the product two weeks to fully integrate into your own tissues.

## Risks & Adverse Effects

Risks and adverse effects associated with injectable fillers are minimal in general. The common immediate adverse effects are bruising, redness, swelling, asymmetry, and itching in the injected area which will subside in a few days. Much less commonly there may be eruptions, skin sores, or infection at the injection site. On rare occasions, hard persistent bumps or nodules may form requiring dissolving with Hylenex injections or possible surgical removal. Dermal fillers also have the potential to migrate and spread to an area other than the one they were injected into.

With any dermal filler, if filler is placed into a vein or artery an occlusion can occur slowing or stopping blood flow to the surrounding tissues. It is important to seek out a practitioner that is well trained to recognize this adverse event and also have the equipment and resources to intervene immediately. At Catherine M Aesthetics, I have the medication needed on hand to help reverse an occlusion, while also having access to a Doctor of Emergency Medicine and an oculoplastic surgeon if needed.

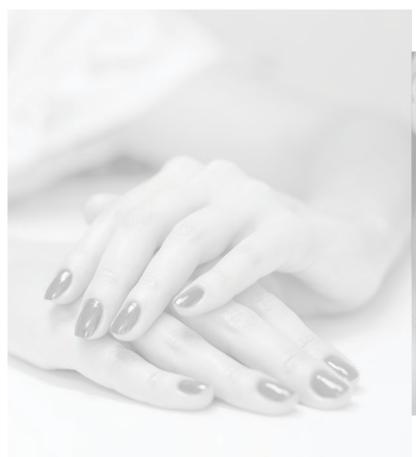
## How Does It Work?

When using dermal fillers to treat aging hands, the filler will be administered under the skin using a cannula to help plump the area smoothing out any wrinkles whilst restoring the skin's youthful properties. You can expect your hands to look smooth and young.

# Contraindications

- I Pregnancy and breastfeeding
- 2 The presence of an active skin condition in the treatment area
- 3 Known allergy or insensitivity to any ingredient found in dermal fillers including lidocaine

\*\*Please see consent form for full contraindications and risk information.







#### Does it hurt?

Our hands tend to be a little hardier than our faces, and whilst some people may experience mild discomfort, mostly this treatment is well tolerated. As with any injectable treatment, you can expect the sensation to be much like that of a pinprick.

#### How Long Does Hand Rejuvenation Last?

Results with fillers are not permanent, but they have the added benefit of slowing the aging process so fewer wrinkles form. Right after treatment, you will notice a difference in the appearance of your hands, but it may take a couple of weeks for the full results to appear. The fillers used for hands maintain a soft, natural feel and take on the characteristics of surrounding skin tissue. The gel dissolves over time and is completely metabolized by the body, leaving only the new collagen your body developed. Hand rejuvenation is great for both men and women.

