



CATHERINE M
AESTHETICS



Facial Wrinkle Smoothing

The extra stuff you may want to know!

Downtime

You may return to normal activity right away as long as you follow the post-treatment instructions (No heavy activity or mechanical stimulation to your face for 24 hours etc). Bruising, redness, tenderness at the site & swelling can last 0-4 Days. It is typically fine to attend social engagements the same day.

Results Last

Typically, results last 3 - 5 months. There are many factors that influence how long a neuromodulator will last. These include metabolism, exercise/activity level, diet, sun exposure, and mechanical stimulation to the site (such as sleeping on your face or using a vibrating device to cleanse your face each night).

Remember, dose directly correlates to duration. You may feel "heavy" with more units of neurotoxin however your results will last longer.

Risks & Adverse Effects

Like receiving any neurotoxin injections, there is a small risk of allergic reaction to the product. Injection-related side effects are minimal and temporary such as redness, swelling, and bruising. Spreading of the Botulinum Toxin to the muscles is possible, creating relaxation (drooping) in nearby, unintended muscles. This can be prevented by avoiding rubbing or massaging the treated areas for 24 hours. Headaches have also been reported. Please read the consent form for full side effect/risk information.

How Does It Work?

Botulinum toxins block certain chemical signals from nerves, mostly signals that cause muscles to contract. This targets one of the underlying causes of frown lines, crow's feet, and forehead lines – the repeated muscle contractions from frowning, squinting, smiling, and raising the eyebrows over the years. I will inject these specific muscles to temporarily reduce muscle activity. You will begin to notice a visible smoothing of the frown lines between your brows, your crow's feet lines, and your forehead lines.

Contraindications

- 1 Hypersensitivity to any botulinum toxin preparation or to any of the components in the formulation
- 2 Pregnancy and breastfeeding
- 3 The presence of an active skin condition in the treatment area
- 4 History of/or active neuromuscular disease



FAQ's

DO I NEED TO BE OVER 40 TO START USING NEURO MODULATORS?

It's not your age that determines when Botulin Toxin is right for you, it's the severity of your lines. Everyone's lines form differently. The timing can be influenced by a combination of factors, from cellular changes that may occur over time, to the reduction of collagen, to genetic factors, or damage caused by free radicals from the sun and the environment.

Whenever your lines start to bother you, speak with a provider that you trust. They can help you determine if treatment is right for you. I see many clients beginning in their 20's for preventative treatment.

HOW MUCH TIME DOES TREATMENT TAKE? WILL IT HURT?

The actual injection process takes a quick 10 - 30 minutes (depending on the number of treatment areas). You and I will discuss your treatment goals and I will perform a facial analysis to determine the appropriate treatment areas for you. Some clients say the injection feels like a pinch (certain areas are more sensitive than

others). If you are concerned about discomfort, I can apply a topical numbing cream before administering your treatment. Please ask for this as this is not routine. Treatment requires minimal downtime. So you can return to your daily routine immediately after you leave your specialist's office.

Will I have a frozen look?

The treatment result is really up to your preference. The doctor will discuss and tailor the treatment to what you prefer. Most patients prefer the fresh and natural look.

How many units do I need?

First, it is important for you to know that the constitution of Botulinum Toxin in different brands is different. Therefore, you will need a different amount of units in Botox than you would in Dysport. Because you need more units of Dysport units to treat an area than you would Botox units, you will see that Dysport prices are lower, however, the total treatment price is usually the same. The number of units that you need in each area will be decided after I am able to do an assessment of your face using different expressions.

